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Persatuan Rimba Komuniti Kota Damansara (KDCF Society) (PPM-009-10-13092012) c/o Residency, Jalan Rimba Riang 9/15, Kota Damansara, 47810 Petaling Jaya

EMAIL info@kotadamansaraforest.org MOBILE 012 352 0215

FACEBOOK PAGE Kota Damansara Community Forest Society https://www.facebook.com/KDCFSociety?ref_type=bookmark

> FACEBOOK GROUP Kota Damansara Community Forest https://www.facebook.com/groups/77015742023/

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KOTA DAMANSARA FOREST RESERVE

covers an area of 321.7 hectares. It was regazetted for conservation, recreation and education in 2010 in response to a civil society campaign to prevent this forest from being converted into housing. Today it is all that remains of the much larger Sungai Buloh

IN THE EARLY 1900S. **GUTTA PERCHA. HIGH** QUALITY LATEX FROM NYATOH TREE SPECIES. Was Heavily in Demand FOR THE PRODUCTION OF CABLE COATING FOR SUBMARINE TELEGRAPHY. **GOLF BALLS. CORKS.** Dental Fillings and RIDING WHIPS

Forest Reserve of 6,590 hectares, which was first gazetted in 1898.

The forest trails of the Kota Damansara forest have been painstakingly built over eight years by local residents and like-minded volunteers working with Temuan Orang Asli. So far, a total of 9km of trails have been built and a further 2km will be added by end-2014. Our shared objective in creating these low impact trails has been to enable people to experience the beauty and serenity of this remnant lowland forest while respecting the living forest environment.

Over the years, the forest trail network has extended steadily as the result of the close collaboration between Persatuan Rimba Komuniti Kota Damansara (KDCF Society), the Malaysian Nature Society (MNS), the Trails Association of Kuala Lumpur and Selangor (TRAKS) and the

IT IS IMPORTANT TO BE Respectful and humble IN THE FOREST, ACCORDING TO TEMUAN PRACTICE THOSE THAT MAKE A LOT OF NOISE, LARK ABOUT OR LITTER INDISCRIMINATELY **COULD ANGER THE** SPIRITS OF THE FOREST

Selangor Forestry Department. This work has also been supported by the Global **Environment Facility-Small Grants** Programme and more recently, support has come from our corporate partners IJM Land and PPB Group Bhd. The Kota Damansara Community Forest is an exciting model of what can be achieved when diverse groups committed to caring for nature are enabled to work together for beneficial outcomes.

As the landscape of Klang Valley and Greater KL continues to experience dramatic changes, those that have come

to love the Kota Damansara forest are ever more committed to ensuring that it endures and thrives unchanged for decades to come both as a refuge for biodiversity and as an escape for weary urban dwellers in need of nature's embrace.

INTERPRETATIVE TRAILS:

Petaling Trail 900m 3

This is a walking trail originally built for environmental education by Malaysian Nature Society. It circles the lake and is suitable for children and all fitness levels. This is an easy walk of 25 mins. The coded boards along the trail and QR signatures provide a link to virtual interpretative information.

SiPew'S Garden ★ 600m

This is an ethnobotanical garden which showcases plants used by the Temuan community for food, flavouring, medicine, craft and building in their natural setting. A tour with a Temuan guide will open your eyes to this rich traditional ethnobotanical knowledge and the amazing provision of the forest.

MULTIPLE USE TRAILS ACCESSIBLE FROM SECTION 10:

SCOUTS' TRAIL 2km 2 km

This is an easy walk of 25–40 mins depending on your pace. It is suitable for first-time visitors to the forest, and those that do not have time for a longer walk.

Temuan Trail 2km 3 50000

This is an additional 2 km loop from the Scouts' Trail. Add this to the Scouts' Trail walk for a combined 4 km. This is a hike of 45–80 mins depending on your level of fitness. There is a picnic stop with benches along this trail.

Sahabat Trail 2km 3 4 5

This is an additional 2 km loop stacked on top of the Temuan Trail (for a total 6 km). This is a single trail which leads to a small loop and you need to return to the Temuan trail the same way that you came in. A full 6 km walk takes 90–120 mins.

MULTIPLE USE TRAILS ACCESSIBLE FROM SECTION 9:

Harmoni Trail 2km 🕏

This is the first trail leading from Section 9, off Jalan Rimba Riang 9/1. It extends straight to the meeting point with the T5 trail where there is a wakaf rest stop.

T5 Approx. 2 km

This trail is still under construction, however once completed it will join up with the Sahabat Trail and the Section 10 trails thereby making possible longer routes of 10km and more.

Legend



Mountain biking • o o Beginners

• • • Intermediate

• • • Advanced

